

# Bariatric Surgery Authorization Request Form

Please fax this completed form along with clinical records to: **1-800-292-5311**  
OR Submit online authorization requests via Availity<sup>®</sup> any time day or night.\*

Please type/print legibly and fax the completed form to the above number  
or attach it within Availity when submitting authorization via the web.  
Thank you for your assistance.

**Contact's Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Date of Request:** \_\_\_\_/\_\_\_\_/\_\_\_\_

## Member Information

Member Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Member ID#: \_\_\_\_\_

Member Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

To your knowledge, has this member previously had any Bariatric surgical procedure(s)?  Yes  No

If yes, please state the date of the procedure, type of procedure, and other pertinent information:

Procedure(s) Requested: CPT<sup>®</sup> Code: \_\_\_\_\_ ICD-10 Diagnosis Code(s): \_\_\_\_\_

## Facility Information

Facility Where Procedure Will be Performed: \_\_\_\_\_

Facility Address: \_\_\_\_\_ Facility Phone: \_\_\_\_\_

Facility NPI # or BlueCross Provider #: \_\_\_\_\_ Tentative Date of Surgery: \_\_\_\_/\_\_\_\_/\_\_\_\_

Type of Admission (Outpatient, 23-hour OBS, Inpatient): \_\_\_\_\_

## Bariatric Surgeon Information

Bariatric Surgeon's Name (Printed): \_\_\_\_\_ Office Phone: \_\_\_\_\_

Bariatric Surgeon's Address: \_\_\_\_\_

BlueCross Provider# **OR** NPI #: \_\_\_\_\_ Provider Fax: \_\_\_\_\_

**Bariatric Surgeon's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

I have reviewed this patient's clinical information and recommend that they have the requested Bariatric surgery. By signing this documentation, I attest that the information contained above is correct, to the best of my knowledge, and clinical records substantiating this documentation are available for review, if requested.

\*Contact the eBusiness Marketing team for all your Availity registration and training needs  
by calling 423-535-5717, option 2 or emailing eBusiness\_marketing@bcbst.com.

**Part II – Note:** This page may be completed by the attending physician/surgeon at the Multidisciplinary Bariatric Surgery program.

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Member Information**

Member Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Member ID#: \_\_\_\_\_

Member Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

**Current weight:** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_ BMI: \_\_\_\_\_

**This patient is a candidate for bariatric surgery if all of the following criteria are met.**

- Individual is 18 years of age or older
- Correctable causes for obesity are not identified (e.g., endocrine disorder)
- No current substance abuse
- Demonstrated reliable participation in preoperative, multidisciplinary weight-loss program (e.g., low-calorie diet, supervised exercise, behavior modification)
- Patient has failed to achieve and maintain significant weight loss with nonsurgical treatment
- Patient will be able to adhere to postoperative care (e.g., judged to be committed and able to participate in postoperative requirements)
- Patient is receiving treatment in a multidisciplinary program experienced in obesity surgery that can provide ALL of the following:
  - Surgeons experienced with the procedure
  - Preoperative medical consultation and approval
  - Preoperative psychiatric consultation, with the conclusion that the individual is able and willing to comply with requisite dietary and behavioral modifications following surgery
  - Nutritional counseling
  - Exercise counseling
  - Psychological counseling
  - Support group meetings

- I certify that the patient meets all of the criteria listed above.**
- This patient doesn't meet all of the criteria listed above, but I still believe they are a candidate for bariatric surgery.** Please list which of the above criteria doesn't apply to this patient and explain why you feel this patient is still a candidate for this procedure below:

**Please list (or attach a list of) ALL of the member's current diagnoses and relevant past medical history:**

**If the member's BMI is 30.0 to 39.9, please list (or attach a list of) pertinent labs, DME (C-Pap, etc.), tests or diagnoses required to support this request for bariatric surgery. See MCG policy definitions for obesity severity.**

**Attesting Physician Information**

Attesting Physician's Name (Printed): \_\_\_\_\_ BlueCross Provider #: \_\_\_\_\_

Attesting Physician's Address: \_\_\_\_\_ Phone: \_\_\_\_\_

I attest that the information contained above is correct, to the best of my knowledge, and those clinical records substantiating this documentation are available for review, if requested.

**Part III – Optional.** This form is used when requesting SUBSEQUENT surgery for revision, reversal or correction of prior bariatric surgery — not for initial procedures. The revision or correction may NOT be an investigational procedure.

**Member Information**

Member Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Member ID#: \_\_\_\_\_

Member Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

**Check the appropriate option below:**

- Option 1 — Patient is requesting conversion from an initial procedure to a different type of procedure.
- Option 2 — Patient requires either correction (revision) of the previous surgical procedure or reversal of the previous surgical procedure.

**OPTION 1 Requirements:** Subsequent surgical procedure is indicated with ALL the following:

- The patient is requesting conversion from the initial surgical procedure to a different type of gastric restrictive procedure.
- The requested procedure is not an investigational procedure.
- The request is two years or more since the initial surgery.
- Weight loss is less than 50% of initial procedure pre-operative excess body weight.
- Weight remains at least 30% over ideal body weight (using standard tables for adult ranges from the National Heart, Lung and Blood Institute).
- Current substance abuse is not identified.

**Please attach the pertinent records to document details of the initial surgery.**

What was the initial surgery, and when was it completed? \_\_\_\_\_

What was preoperative weight and on what date? Preoperative Weight: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

What was the lowest weight achieved with initial surgery? Weight: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Is there any current substance abuse?**  Yes  No

**Is this patient is receiving treatment in a multidisciplinary program experienced in obesity surgery that can provide ALL of the following?**

- Surgeons experienced with the procedure
- Preoperative medical consultation and approval
- Preoperative psychiatric consultation, with the conclusion that the individual is able and willing to comply with requisite dietary and behavioral modifications following surgery
- Nutritional counseling
- Exercise counseling
- Psychological counseling
- Support group meetings

**Do all the conditions apply? Please check response:**  Yes  No

If No, please explain: \_\_\_\_\_

**OPTION 2 Requirements:** If the member requires a **correction (revision) or reversal** of the initial surgery, there must be a physician-documented complication related to the original surgery.

What is the complication? Please state and attach pertinent objective imaging reports.

\_\_\_\_\_

By signing this document, I attest that the information contained above is correct, to the best of my knowledge, and clinical records substantiating this documentation are available for review, if requested.

**Provider Information**

Provider's Name (Printed): \_\_\_\_\_ BlueCross Provider #: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_