



IS YOUR FAMILY UP-TO-DATE ON VACCINES?

Vaccines protect you and your family against serious diseases.

- Vaccines have been tested and are safe.
- If you have questions, talk it over with your health care provider.

Medical experts recommend vaccines for infants, children, teens and adults. You can find vaccine schedules at [cdc.gov/vaccines](https://www.cdc.gov/vaccines).

Spanish: Español ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al BlueCare 1-800-468-9698. Llame al *TennCareSelect*

Kurdish: کوردی

ئاگاداری: ئه گهر به زمانی کوردی قهسه ده کهیت، خزمهتگوزاریهکانی یارمهتی زمان، به خورایی، بو تو بهردهسته. په یوهندی به بکه
Select



Do you need help with your health care, talking with us, or reading what we send you? Call us for free at: BlueCare 1-800-468-9698 or TennCareSelect 1-800-263-5479 (TTY: 711 and ask for 888-418-0008).

We obey federal and state civil rights laws. We do not treat people in a different way because of their race, color, birth place, language, age, disability, religion, or sex. Do you think we did not help you or treated you differently? Then call BlueCare 1-800-468-9698, *TennCareSelect* 1-800-263-5479 or TennCare 1-855-857-1673 (TRS 711) for free.

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18BCM248289 (1/18)