



Baptist Memorial Health Care Corporation

Effective Date: Jan 1, 2026

Network: S

Option/Quote: PPO

Benefit Summary

Benefit Plan Features:	Baptist Memorial Health Care Corporation Provider Your Cost In-Network	In-Network Provider Your Cost Out-of-Network <sup>1</sup>
<b>Annual Deductible</b> Individual/Family	\$1,000 / Unlimited	\$1,000 / Unlimited
<b>Annual Out-of-Pocket Maximum</b> (includes copay, coinsurance and deductibles) Individual/Family	\$3,500 / \$7,000	\$3,500 / \$7,000
<b>4th Quarter Carry-over</b>	Excluded	
<b>Covered Services</b>		
<b>Preventive Care Services</b> (see page 3 for a list)	Covered at 100%	Not Covered
<b>Practitioner Office Services</b>		
Primary Care Office Visits <sup>20</sup>	\$25 copay	\$25 copay
Specialist Office Visits	\$50 copay	\$50 copay
Office Surgery <sup>3, 4, 6, 20</sup>	\$25 or \$50 copay	\$25 or \$50 copay
Routine Diagnostic Lab, X-Ray & Injections	\$25 copay	50% after deductible
Advanced Radiological Imaging <sup>2, 4, 7</sup>	20% after deductible	50% after deductible
Provider-Administered Specialty Drugs <sup>3, 4</sup>	\$25 or \$50 copay	\$25 or \$50 copay
<b>Services Received at a Facility</b> (includes professional and facility charges)		
Inpatient Services <sup>2, 4</sup>	Deductible, \$100 copay then 20% coinsurance	Deductible, \$100 copay then 50% coinsurance
Outpatient Surgery <sup>3, 4, 6</sup>	20% after deductible	50% after deductible
Routine Diagnostic Services - Outpatient	\$25 copay	50% after deductible
Advanced Radiological Imaging - Outpatient	20% after deductible	50% after deductible
Other Outpatient Services <sup>8</sup>	20% after deductible	50% after deductible
Urgent Care Center Services	\$25 copay	50% after deductible
Emergency Care Services <sup>9</sup>	Deductible, \$100 copay then 20% coinsurance	Deductible, \$100 copay then 20% coinsurance
Emergency Care Advanced Radiological In	20% after deductible	20% after deductible
<b>Medical Equipment Services</b> <sup>3, 4</sup>		
Durable Medical Equipment	Not Covered	20% after deductible
Prosthetic or Orthotics	Not Covered	20% after deductible
Hearing Aids (under age 18)	Not Covered	Not Covered
<b>Behavioral Health Services</b>		
Inpatient: Unlimited days per annual benefit	Deductible, \$100 copay then 20% coinsurance	Deductible, \$100 copay then 50% coinsurance
Outpatient: Unlimited visits per annual benefit	\$50 copay	\$50 copay
<b>Therapeutic Services</b> <sup>10</sup> (limits apply; see page 3 for details)		
	Not Covered	20% after deductible
<b>Skilled Nursing &amp; Rehabilitation Facility Services</b> <sup>2, 4</sup>		
Limited to 60 days combined per annual benefit	20% after deductible	50% after deductible
<b>Home Health Care Services</b> <sup>3, 4, 10</sup>		
	20% after deductible	20% after deductible
<b>Hospice Services</b>		
Inpatient <sup>2, 4</sup>	20% after deductible	50% after deductible
Outpatient	20% after deductible	50% after deductible
<b>Ambulance Services</b> <sup>3, 4</sup>		
	20% after deductible	20% after deductible

1. Out-of-network benefits may be based on BlueCross BlueShield of Tennessee maximum allowable charge. You may be responsible for any unpaid billed charges for certain services received from out-of-network providers. For emergency care services received at an out-of-network facility, items and services received from an out-of-network provider at an in-network facility (unless you give certain providers written consent), or emergent and authorized air ambulance services, in-network benefits including deductible will apply up to the qualified payment amount, and the provider may not bill you for more than your in-network cost share.
2. Prior authorization is required.
3. Certain procedures, services, medication and equipment may require prior authorization.
4. If prior authorization is required but not obtained and services are medically necessary, when using network providers outside Tennessee for physician and outpatient services and all services from out-of-network providers, your liability will be increased to 60% based on out-of-network coinsurance. If services are not medically necessary, no benefits will be provided.
5. Outpatient behavioral health benefits are determined by place of service. Benefits displayed are for services received in an office setting; separate benefits may apply for outpatient services received in an alternate setting.
6. Surgeries include incisions, excisions, biopsies, injection treatments, fracture treatments, applications of casts and splints, sutures and invasive diagnostic services (e.g., colonoscopy, sigmoidoscopy and endoscopy for non-preventive purposes).
7. Includes CT scans, PET scans, MRIs, nuclear medicine and other similar technologies.
8. Includes services such as chemotherapy, infusions, injections, radiation therapy and renal dialysis.
9. Copay, if applicable, waived if admitted to hospital.
10. Physical, speech, acupuncture, spinal manipulative and occupational therapies are limited to 30 visits per therapy type per annual benefit period. Cardiac and pulmonary rehabilitative therapies are limited to 36 visits per therapy type per annual benefit period.
20. The lower copay applies to Family Practice, General Practice, Internal Medicine, OB/GYN, Pediatrics, Behavioral Health and Health Department services. The copay for Physician Assistants or Nurse Practitioners may be based on the provider type of the billing provider.

[Limitations and Exclusions](#). These pages summarize your health care plan. Your Evidence of Coverage (EOC) and defines the full terms and conditions, limitations, and exclusions in greater detail. Should any questions arise concerning benefits, the EOC will govern.

# Summary of Preventive Care Services Covered at 100% In-Network

## In-network preventive care services that are covered with no member cost share include, but are not limited to:

- Primary care services with an A or B recommendation by the United States Preventive Services Task Force (USPSTF)
- Immunizations recommended by the Advisory Committee on Immunization Practices that have been adopted by the Centers for Disease Control and Prevention (CDC)
- Bright Futures recommendations for infants, children and adolescents that are supported by the Health Resources and Services Administration (HRSA)
- Preventive care and screening for women as provided in the guidelines supported by HRSA

The following preventive care services are covered (not an all-inclusive list). Coverage of some services may depend on age and/or risk exposure.

## All Members:

- One preventive health exam per annual benefit period. More frequent preventive exams are covered for children up to age 3.
- All standard immunizations adopted by the CDC
- Screening for colorectal cancer (age 45 – 75), high cholesterol and lipids (45 and older for women; 35 and older for men), high blood pressure, obesity, diabetes, and depression (12 and older)
- Screening for lung cancer for adults (50 to 80) who have a 20 pack-year smoking history and either currently smoke or have quit within the past 15 years, per annual benefit period
- Screening for HIV and certain sexually transmitted diseases, and counseling for the prevention of sexually transmitted diseases
- Screening and counseling in a primary care setting for alcohol misuse and tobacco use; alcohol misuse and tobacco use limited to 8 visits per annual benefit period
- Dietary counseling for adults with hyperlipidemia, hypertension, type 2 diabetes, obesity, coronary artery disease and congestive heart failure; limited to 12 visits per annual benefit period
- One retinopathy screening for diabetics per annual benefit period
- Hemoglobin A1C testing

## Women:

- Well-woman visit, including annual sexually transmitted infection (STI) counseling and annual domestic violence screening & counseling per annual benefit period
  - Cervical Cancer Screening per annual benefit period
  - Screening of pregnant women for iron deficiency, bacteriuria, hepatitis B virus, Rh factor incompatibility, gestational diabetes
  - Breastfeeding support/counseling & supplies, including lactation support services and counseling by a trained provider and one breast pump per pregnancy
  - Counseling for women at high risk of breast cancer for chemoprevention, including risks and benefits
  - Mammography screening at age 40 and over, and genetic counseling and, if indicated after counseling, BRCA testing for BRCA breast cancer gene
  - Osteoporosis screening (age 60 or older)
  - HPV testing once every 3 years, beginning at age 30
  - FDA-approved contraceptive methods and counseling
- Medical plan: Injectable or implantable contraceptives and barrier methods, sterilization for women

## Men:

- Prostate cancer screening at age 50 and older
- One-time abdominal aortic aneurysm screening at age 65 – 75 (for men who have ever smoked)

## Children:

- Newborn screening for hearing, phenylketonuria (PKU), thyroid disease, sickle cell anemia, and cystic fibrosis
- Development delays and autism screening
- Iron deficiency screening
- Vision screening

