



WELL-CHILD VISITS

Childhood Checkups



of Tennessee



What are well-child checkups?

Well-child visits or checkups help you keep track of your child's health. During these visits, your child's pediatrician will check on their development, nutrition and physical activity. If you have questions, the pediatrician can answer them.

How often does my child need a checkup?


- › Your child needs at least six checkups before they turn 15 months old.
- › Your child needs two more checkups between 15 and 30 months.
- › Your child needs one checkup every year after they turn three years old.

What should I bring?

- › Vaccine records
- › Sports physical forms, if needed
- › A list of all medications and dosages your child is taking

What if my child is healthy?

Well-child visits are important even if your child is healthy. They're the perfect time for your child to catch up on vaccines, get sports physicals or ask questions of their own.

-  **If you can't do an in-person checkup, check with your child's pediatrician to see if you can schedule a telehealth visit instead.**

Your Child's Vaccines

Birth to 8 Years

Well-child visits help keep your child's vaccines up to date, which can prevent certain illnesses.

1 Month

Hepatitis B

2 Months

Hepatitis B; rotavirus; diphtheria, tetanus & whooping cough; Haemophilus influenzae type b; pneumonia; polio

4 Months

Rotavirus; diphtheria, tetanus & whooping cough; Haemophilus influenzae type b; pneumonia; polio

* Your child may not need this dose.
Talk to your child's pediatrician.

6 Months

Hepatitis B; rotavirus*;
diphtheria, tetanus & whooping
cough; Haemophilus influenzae
type b*; pneumonia; polio; flu**

12 Months

Haemophilus influenzae type b;
pneumonia; measles, mumps &
rubella; chickenpox; Hepatitis A

15 Months

Diphtheria, tetanus & whooping
cough; chickenpox

18–23 Months

flu**, Hepatitis A

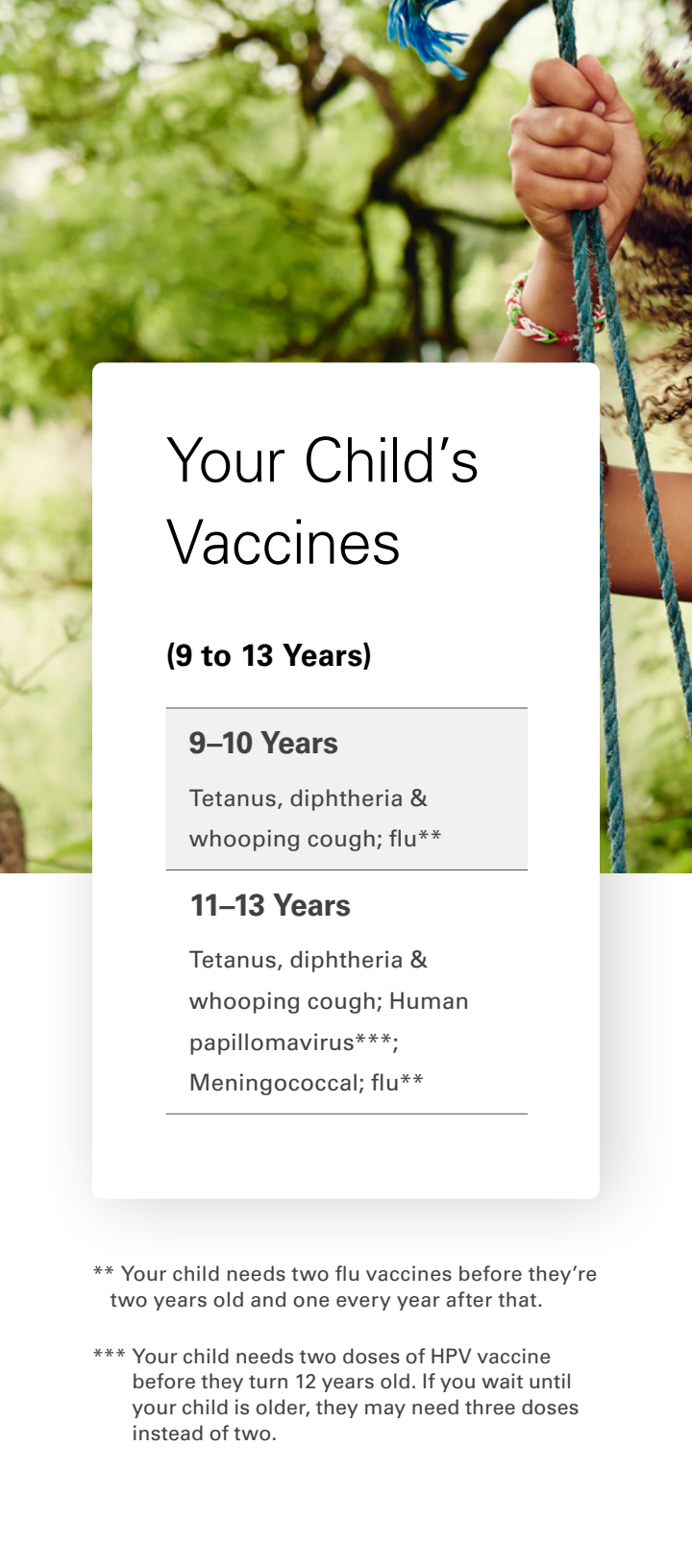
4–6 Years

Diphtheria, tetanus & whooping
cough; polio; measles, mumps
& rubella; chickenpox

7–8 Years

flu**

** Your child needs two flu vaccines before they're two years old and one every year after that.



Your Child's Vaccines

(9 to 13 Years)

9–10 Years

Tetanus, diphtheria &
whooping cough; flu**

11–13 Years

Tetanus, diphtheria &
whooping cough; Human
papillomavirus***;
Meningococcal; flu**

** Your child needs two flu vaccines before they're two years old and one every year after that.

*** Your child needs two doses of HPV vaccine before they turn 12 years old. If you wait until your child is older, they may need three doses instead of two.



Don't forget other important checkups:



Schedule regular dental visits when your child turns one year old.



Schedule regular eye exams when your child turns 3 years old.

This information is not a replacement for medical advice.



1 Cameron Hill Circle | Chattanooga, TN 37402 | bcbst.com

BlueCross BlueShield of Tennessee complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

For TDD/TTY help call 1-800-848-0298.

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association

BlueCross BlueShield of Tennessee is a Qualified Health Plan Issuer in the Health Insurance Marketplace.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Si usted es miembro, llame al número de Servicio de atención a miembros que figura al reverso de su tarjeta de identificación de Miembro o al 1-800-565-9140 (TTY: 1-800-848-0298).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بلامجان.
إذا كنت عضواً، فاتصل برقم خدمة الأعضاء الموجود على ظهر بطاقة هوية العضو أو بالرقم
1-800-565-9140 (الهاتف النصي: 1-800-848-0298).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。
若您是會員，請撥打會員 ID 卡背面的會員服務部號碼或 1-800-565-9140
(聽障專線 (TTY) : 1-800-848-0298)。