



BlueCareSM
TennCareSelect
CoverKids

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BlueCare Tennessee Provider Blood Pressure Cuff Availability FAQs

The following information answers questions about the availability of blood pressure cuffs for pregnant and postpartum members and shares how you can help them receive one at no-cost. If you have further questions, please call our Provider Service line at 1-800-468-9736, 8 a.m. to 6 p.m. ET, Monday through Friday.

This applies to BlueCareSM, TennCareSelect and CoverKids.

Q: Who is eligible to receive blood pressure cuffs?

A: Pregnant and postpartum patients with BlueCare Tennessee coverage can now receive a no-cost, at-home blood pressure cuff to help monitor their health. Regular at-home monitoring supports early detection of complications, facilitates timely intervention and empowers patients to actively participate in their care.

Q: How can I help eligible patients receive a cuff?

A: For members to get a blood pressure cuff, you'll need to submit a completed order to an in-network durable medical equipment (DME) provider. No prior authorization is required. This process is similar to how breast pumps and other DME items are ordered. This aims to be a straightforward approach to supplying the necessary equipment.

Q: Which DME providers can supply the cuffs?

A: Any in-network DME provider may be used to order a cuff for your patients. Preferred vendors include Home Care Delivered®, Aeroflow, and Byram® Healthcare.

Q: How will the DME provider process the request?

A: The DME provider bills us directly using an appropriate pregnancy-related diagnosis and supplies the cuff to the patient.

Q: Can I bulk order blood pressure cuffs and store them in my office?

A: Currently, bulk ordering cuffs for office storage isn't an option because DME items must be billed as patient-specific orders. Each cuff must be tied to an individual patient for billing purposes.

Q: Can blood pressure cuffs be ordered through the DME provider and shipped to my office instead of the member's home?

A: DME providers generally require confirmation that the member received the service before billing, so shipping blood pressure cuffs directly to the office isn't an option. However, you can check with individual DME vendors, as some may be able to accommodate this request depending on their policies and procedures.

Q: Can members pick up a blood pressure cuff at a pharmacy?

A: No, blood pressure cuffs aren't covered as a pharmacy benefit. They're classified as DME, meaning they must be ordered through an in-network DME provider rather than picked up at a pharmacy.

Q: What should I do if my patient needs a large adult or extra-large adult blood pressure cuff?

A: If a patient requires a large or extra-large cuff, please note this on the order when submitting the request to the DME provider.

Q: How can I educate my patients on checking their blood pressure at home?

A: Providers play a key role in helping patients feel confident about self-monitoring their blood pressure. We recommend demonstrating proper cuff usage with a sample cuff and encouraging patients to bring in their own cuff for guidance during a visit. Explaining correct placement, inflation and reading interpretation can improve accuracy and help them feel comfortable using the device. Additionally, providing written instructions or educational materials can reinforce best practices for at-home monitoring.

Q: What should I do if a member reports issues with their cuff?

A: If a cuff is malfunctioning, members should contact the DME supplier or our Member Outreach line on the back of their Member ID card for help. You can also help by making sure they're properly using the device.