

# Work Out for Less, at the Gym or at Home



In addition to 13,000\* gym locations, Fitness Your Way™ offers a mix of live and recorded online Zoom classes—boot camp, yoga, dance, cardio and more.

Available exclusively for you and your covered dependents (age 18 and older), Fitness Your Way provides:

- › **Affordability.** One-time enrollment fee of \$19 and monthly memberships starting at \$19. Or sign up for online-only classes for just \$7.99 a month.
- › **Unlimited access.** The nationwide network includes online classes and more than 13,000 participating fitness locations.\*
- › **Flexible membership.** No long-term contract is required — you can quit at any time.
- › **Online convenience.** You can easily find fitness centers, enroll and manage your activity online.

\* Participating facilities vary

## Take the first step

To get started, log in at [bcbst.com/memberdiscounts](https://bcbst.com/memberdiscounts).

- 1 Click **Fitness** in the menu bar.
- 2 Choose the **Fitness Your Way** deal.
- 3 You can start browsing online classes and visiting gyms the same day you join.



Or call **1-888-242-2060**, Monday through Friday, 9 a.m. – 6 p.m. ET, to find participating facilities and enroll today.

